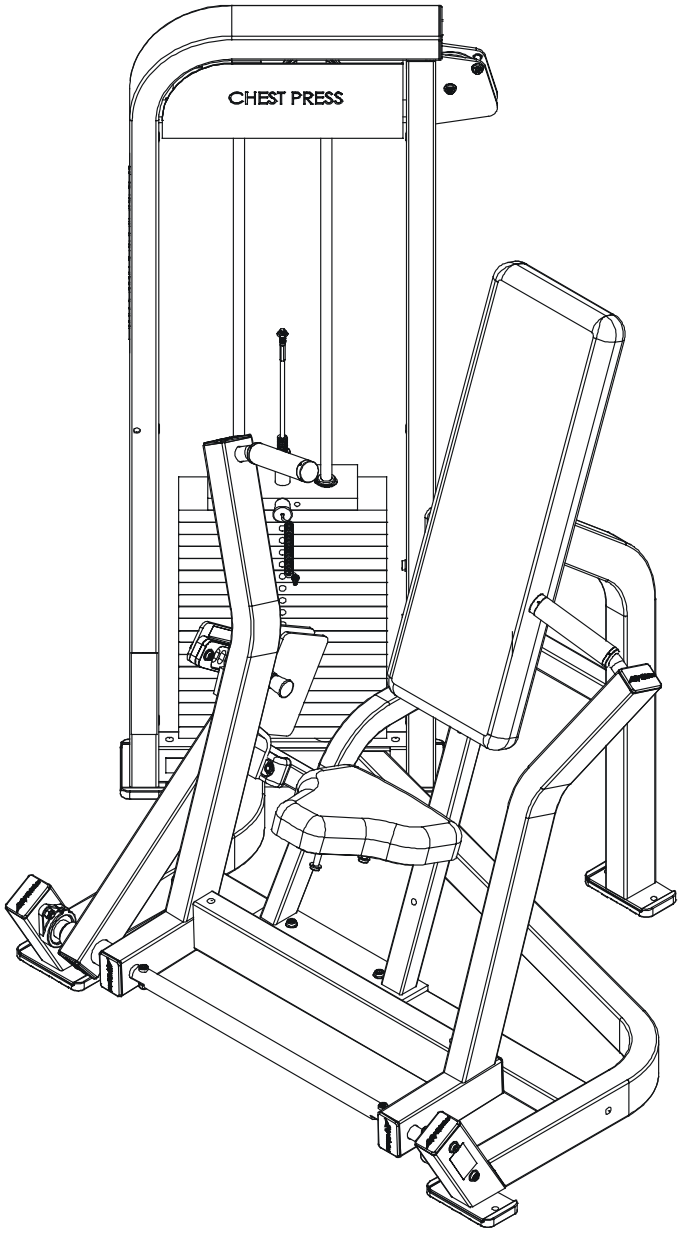
PRO SERIES II
PSCPSE CHEST PRESS



Customer Support Services
PARTS MANUAL

PSCPSE CHEST PRESS

Notes:

PSCPSE CHEST PRESS
Contents

PAGE

COMPONENT ASSEMBLY....4

97 DEGREE SEAT ASSEMBLY....5

WORKBOX ASSEMBLY....6

SEAT FRAME ASSEMBLY....7

STACK FRAME ASSEMBLY....8

WEIGHT STACK 300LB....9

ADJUSTABLE ARM ASSEMBLY....10

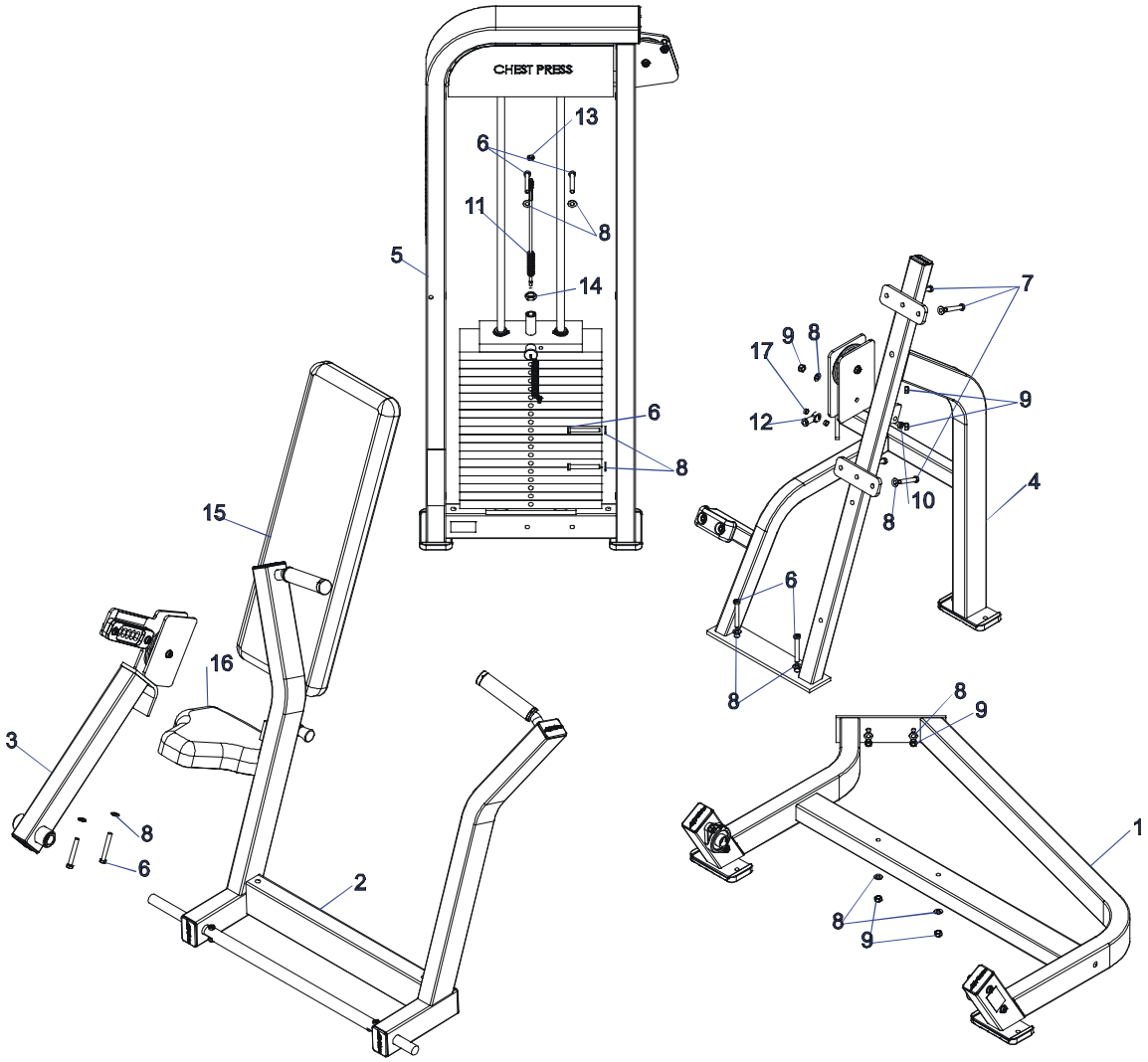
WORK ARM ASSEMBLY....11

INCREMENT WEIGHT STACK W/STRIKER....12

SHROUD KIT STD-MED....13

PSCPSE CHEST PRESS

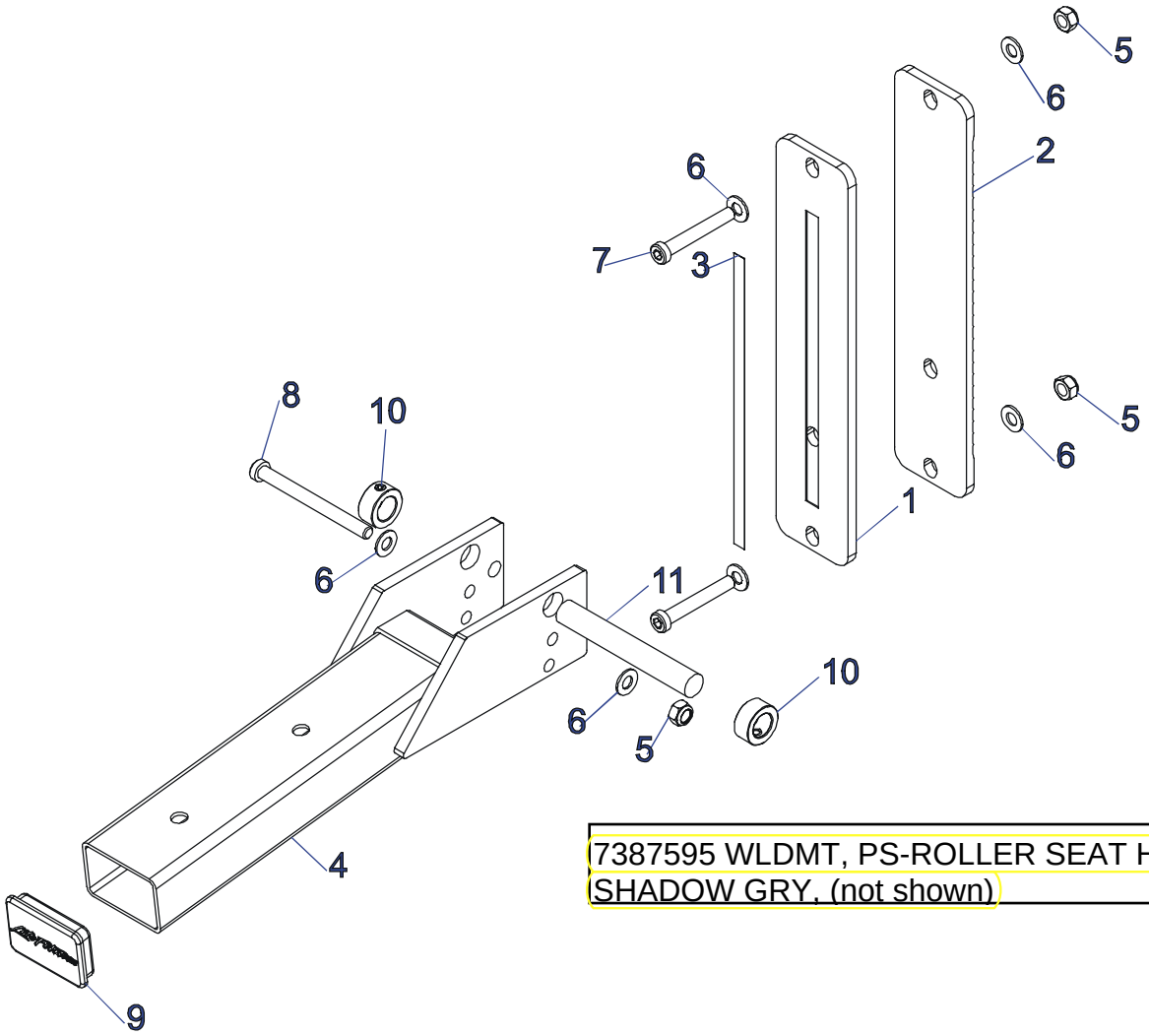
COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7366301	ASSY,PSCP WORKBOX
2	1	7367101	ASSY,PSCP WORK ARM
3	1	7366901	ASSY,PSCP ADJ ARM
4	1	7366501	ASSY, PSCP SEAT FRAME
5	1	RMA	ASSY,PSCP STACK FRAME
6	8	3236212	SCREW, M10 X1.5 75MM
7	4	3236209	SCREW, M10 X1.5 60MM
8	20	3236601	WASHER, 3/8 SAE SS
9	7	3236801	NUT, M10 HEX NYLOCK SS
10	1	3236207	SCREW, M10 X1.5 50MM
11	1	7423602	CABLE, PSCP
12	1	3237901	ROD END, METRIC FEMALE
13	1	3236901	NUT, M10 X 1.5 JAM
14	1	3236902	NUT, M16 X 2 HEX JAM SS
15	1	7354001	PAD, BACK 32-1/2 X 11-1/4
16	1	7351901	PAD, SADDLE
17	2	7489402	BSHNG, .500 OD X .402 ID

PSCPSE CHEST PRESS

97 DEGREE SEAT ASSEMBLY

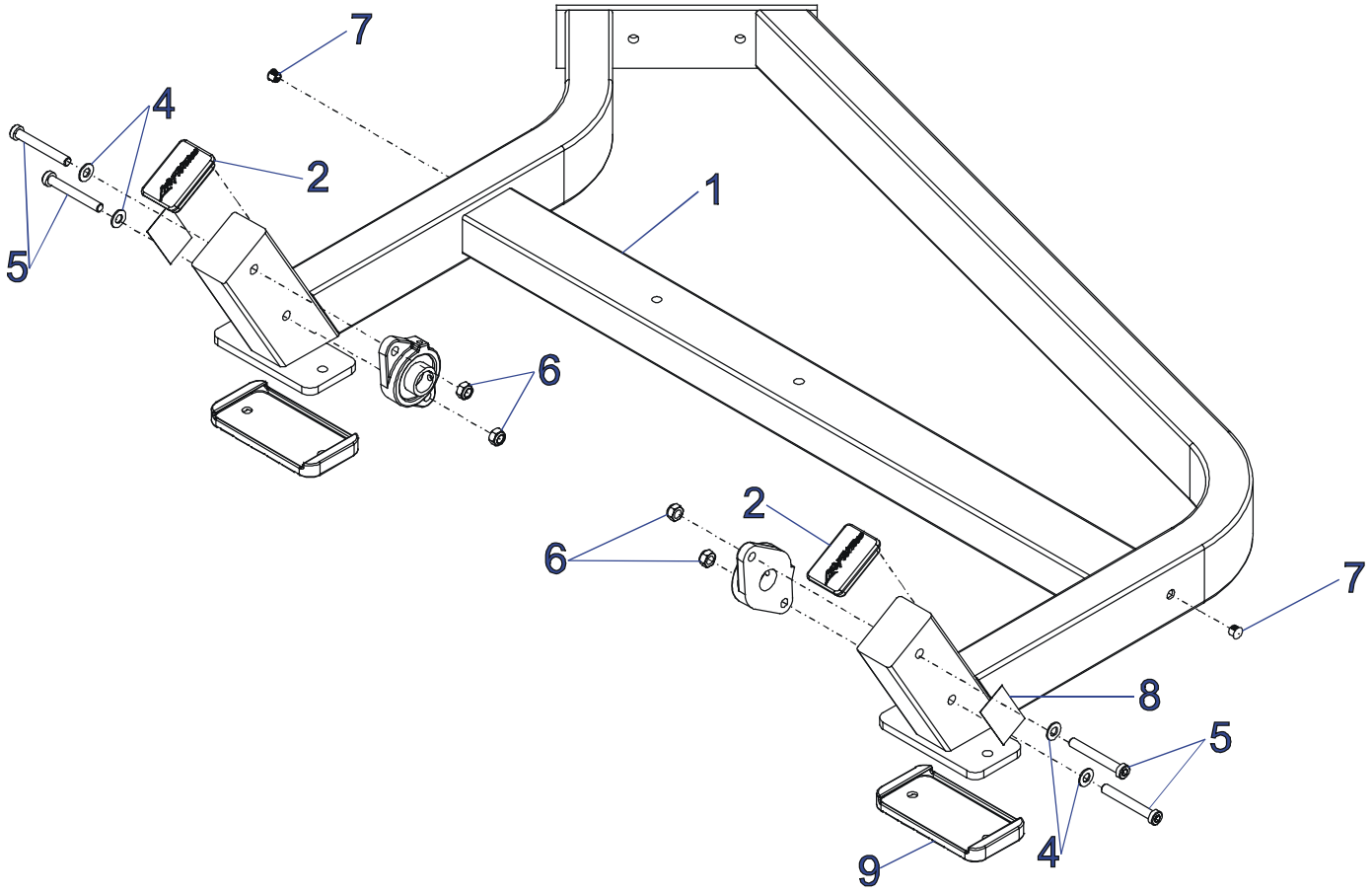


7387595 WLDMT, PS-ROLLER SEAT HANDLE SHADOW GRY, (not shown)

ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7359701	SEATRACK FRONT
2	1	7359801	SEATRACK BACK
3	1	7422002	LABEL, SEAT ADJUST
4	1	7358801	WLDMT, 7 DEG. STD. HAMMER SEAT
5	3	3236801	NUT, M10 HEX NYLOCK SS
6	6	3236601	WASHER, 3/8 SAE SS
7	2	3236211	SCREW, M10 X1.5 70MM
8	1	3236218	SCREW, M10 X1.5 110MM
9	1	7352301	CAP, END 2 X 3
10	2	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
11	1	7359301	.75" SS ROUND SEAT PIN

PSCPSE CHEST PRESS

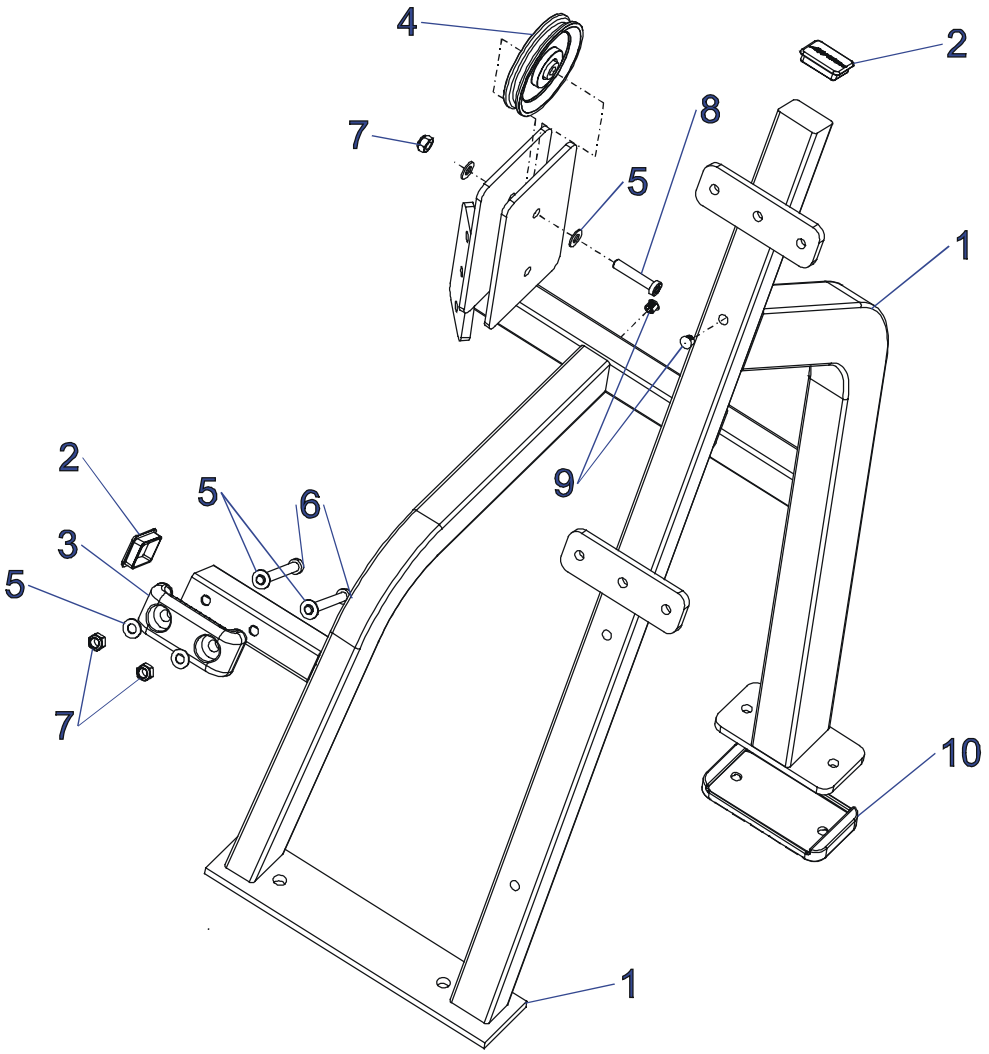
WORKBOX ASSEMBLY



ITEM NO	QTY.	PART NO.	DESCRIPTION
1	1	7366401	WLDMT-PSCP-WORKBOX
2	2	7352301	CAP, END 2 X 3
3	2	3237701	ASSY, PILLOW BLOCK 4.88 X 2.75
4	4	3236601	WASHER, 3/8 SAE SS
5	4	3236212	SCREW, M10 X1.5 75MM
6	4	3236801	NUT, M10 HEX NYLOCK SS
7	2	3237401	PLUG, 7/16" HOLE
8	2	7422003	LABEL, MOVING PARTS
9	2	7388201	Footpad, PS Rubber

PSCPSE CHEST PRESS

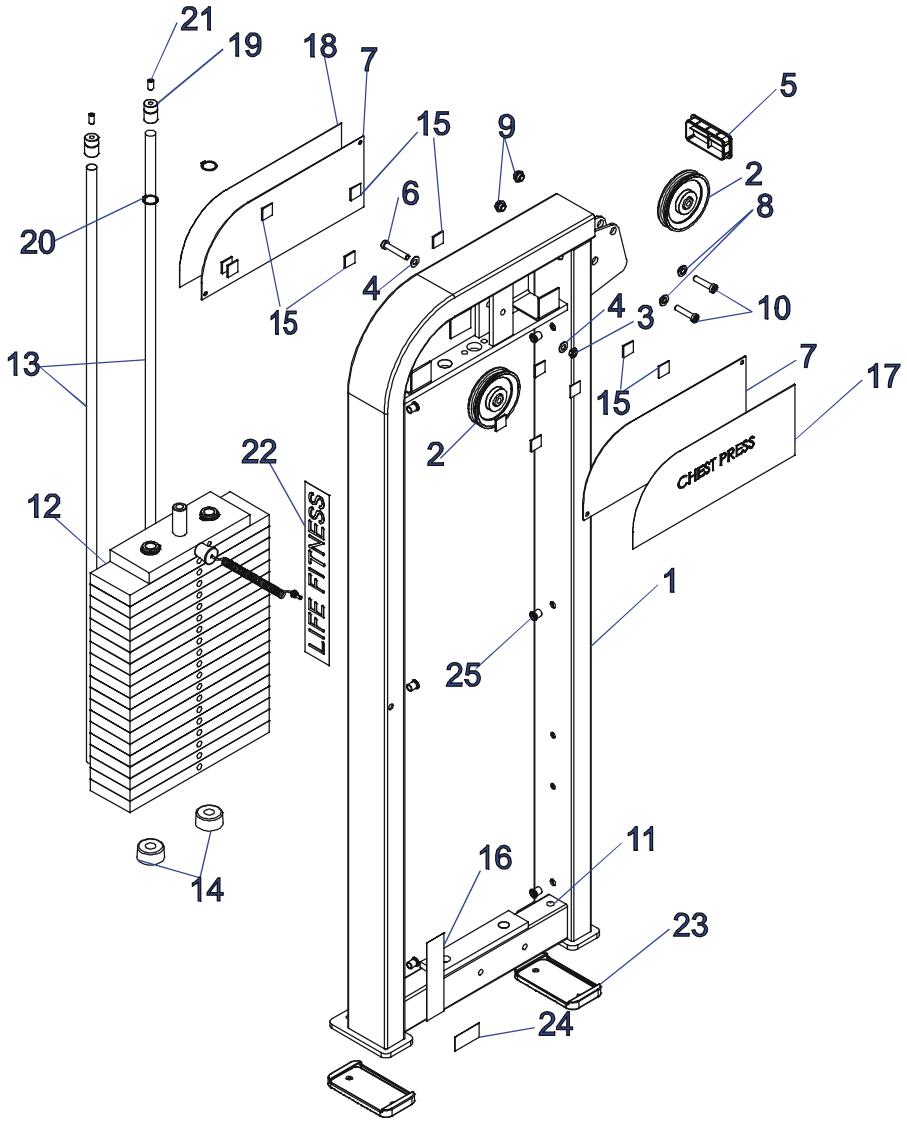
SEAT FRAME ASSEMBLY



ITEM NO	QTY.	PART NO.	DESCRIPTION
1	1	7366601	WLDMT,PSCP SEAT FRAME
2	2	7352201	CAP, END 1-1/2 X 2
3	1	7352001	BUMPER, 2-1/8 X 4-5/8
4	1	3237801	PULLEY, 4.5" OD
5	6	3236601	WASHER, 3/8 SAE SS
6	2	3236213	SCREW, M10 X1.5 80MM
7	3	3236801	NUT, M10 HEX NYLOCK SS
8	1	3236207	SCREW, M10 X1.5 50MM
9	2	3237401	PLUG, 7/16" HOLE
10	1	7388201	Footpad, PS Rubber

PSCPSE CHEST PRESS

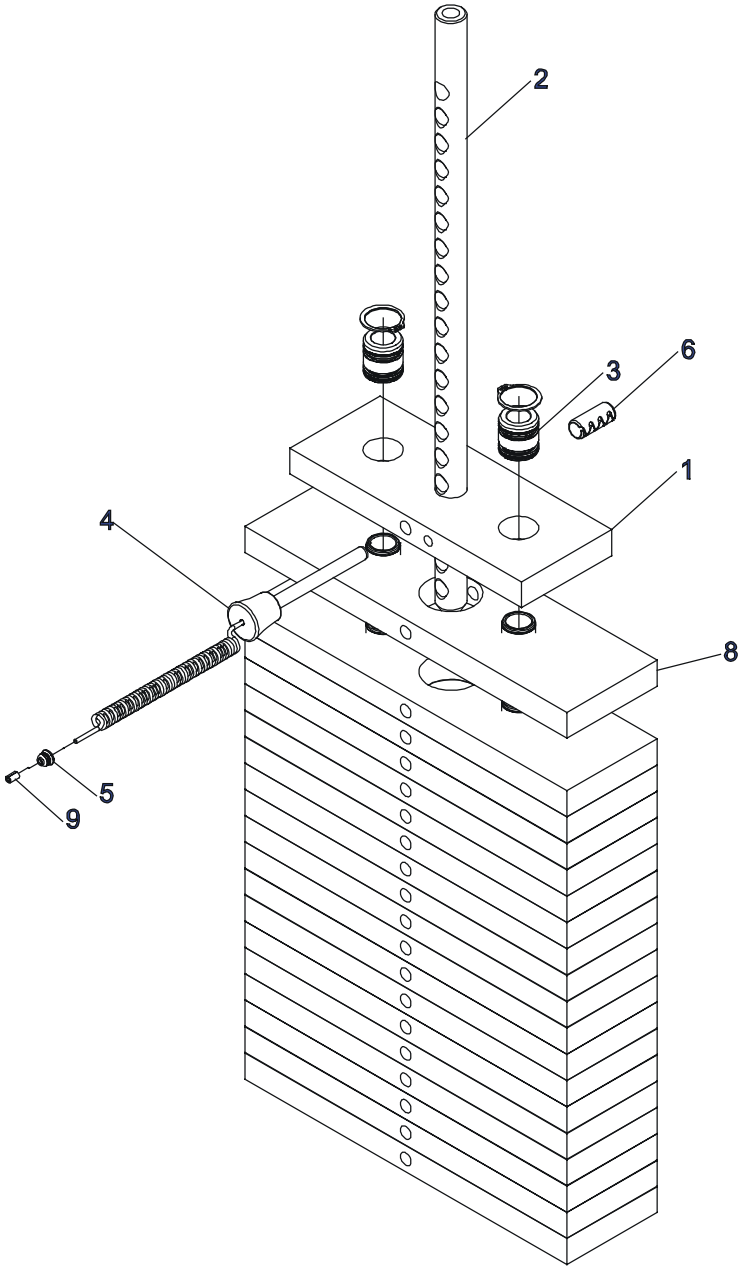
STACK FRAME ASSEMBLY



ITEM NO	QTY.	PART NO.	DESCRIPTION	ITEM NO	QTY.	PART NO.	DESCRIPTION
1	1	7366801	WLDMT, PSCP, STACK FRAME	14	2	7352101	CUSHION, WEIGHT STACK
2	2	3237801	PULLEY, 4.5" OD	15	12	7544201	PAD, DUAL LOC 400, 1" X 1"
3	1	3236901	NUT, M10 X 1.5 JAM	16	1	7422004	LABEL, 2" ASTM WARN
4	2	3236601	WASHER, 3/8 SAE SS	17	1	7425401	LABEL, PSCP PLACARD
5	1	7352401	CAP, END 2 X 4	18	1	7490501	LABEL, PSCP LOGO PANEL
6	1	3236208	SCREW, M10 X1.5 55MM	19	2	7402301	RETAINER, GUIDEROD
7	2	7353201	COVER, STACK STD	20	2	3232421	RING, BRE .940, 5100-100 ST PP B
8	2	7348101	WASHER, SPACER	21	2	3240501	M10 X 1.5 HXS NO CUP ST BO
9	2	7335401	NUT, M10 X 1.5 SOCKET HEAD	22	1	7348001	LABEL, LIFE FITNESS LOGO
10	2	3236206	SCREW, M10 X1.5 45MM	23	2	7388201	Footpad, PS Rubber
11	2	3237401	PLUG, 7/16" HOLE	24	1	7422007	LABEL, SERIAL NO
12	1	7353501	ASSY, 300LB STACK	25	6	3238101	NUT, BLIND INSERT M10 X 1.5
13	2	7328605	GUIDE ROD, .75 OD SOLID 52.38				

PSCPSE CHEST PRESS

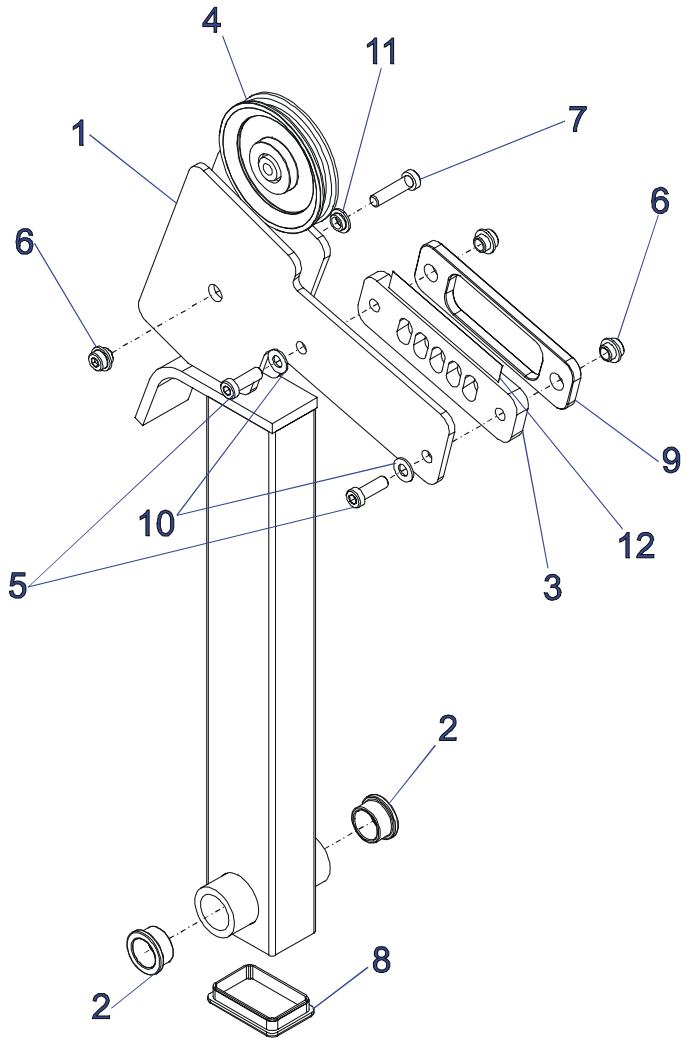
WEIGHT STACK 300LB



ITEM NO	QTY.	PART NO.	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7356600	STEM, PRO2 19 HOLE
3	2	7338001	BUSHING, HEADPLATE
4	1	7353001	ASSY, SELECTOR PIN
5	1	7356501	PLUG, LANYARD ATTACHMENT
6	1	3236001	BUSHING, SPRING PIN
8	19	7353801	ASSY, 15 LB PLATE
9	1	7523601	CRIMP, CABLE

PSCPSE CHEST PRESS

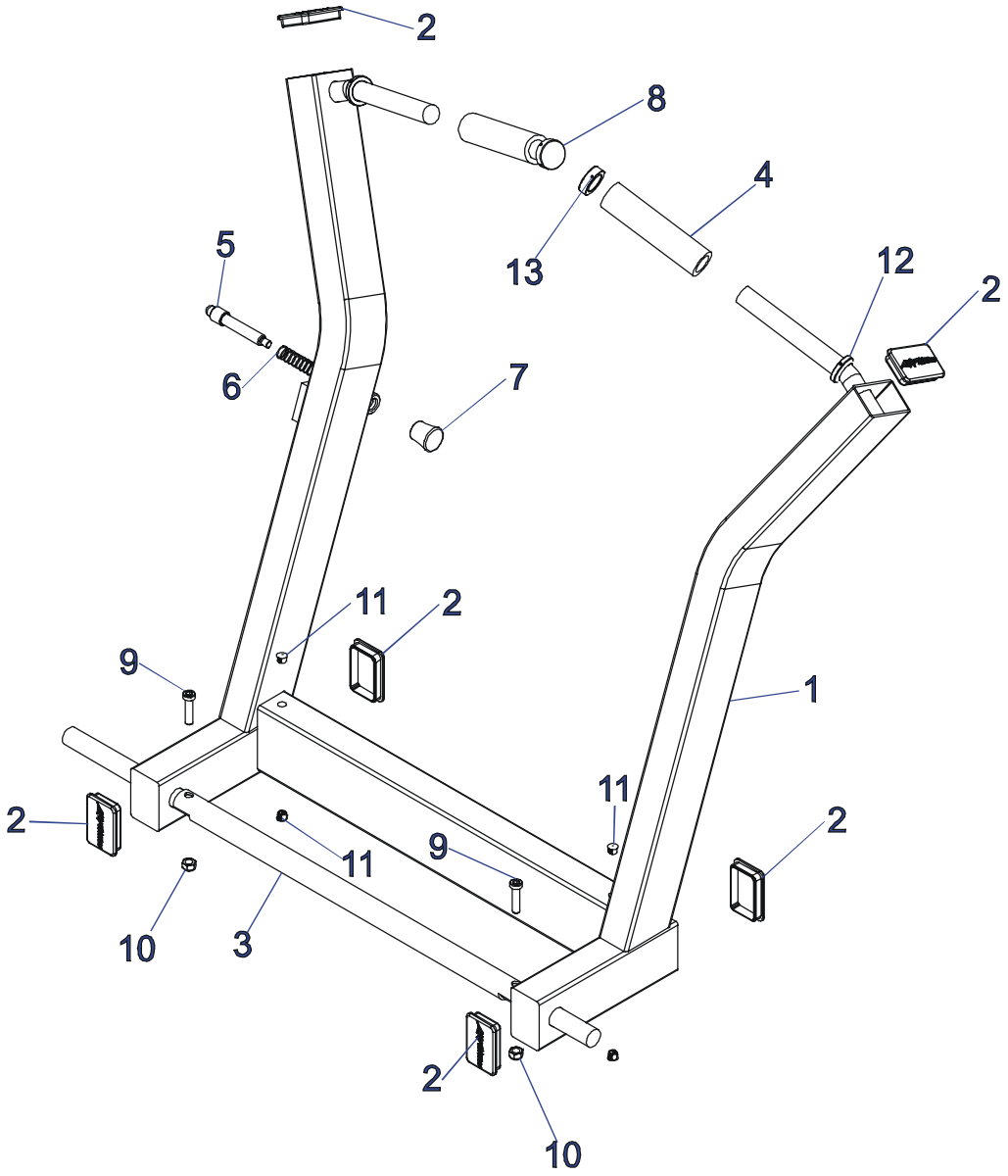
ADJUSTABLE ARM ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7379601	WLDMT, PSCP ADJ ARM
2	2	3104906	1.00" ID 1.25" OD BRONZ BUSHING
3	1	7352501	5-HOLE SELECTOR PLATE
4	1	3237801	PULLEY, 4.5" OD
5	2	3236203	SCREW, M10 X1.5 30MM
6	3	7335401	NUT, M10 X 1.5 SOCKET HEAD
7	1	3236205	SCREW, M10 X1.5 40MM
8	1	7352301	CAP, END 2 X 3
9	1	7350901	PLATE, SLOT STOP
10	2	3236601	WASHER, 3/8 SAE SS
11	1	7348101	WASHER, SPACER
12	1	7422008	LABEL, 5 HOLE SELECTOR

PSCPSE CHEST PRESS

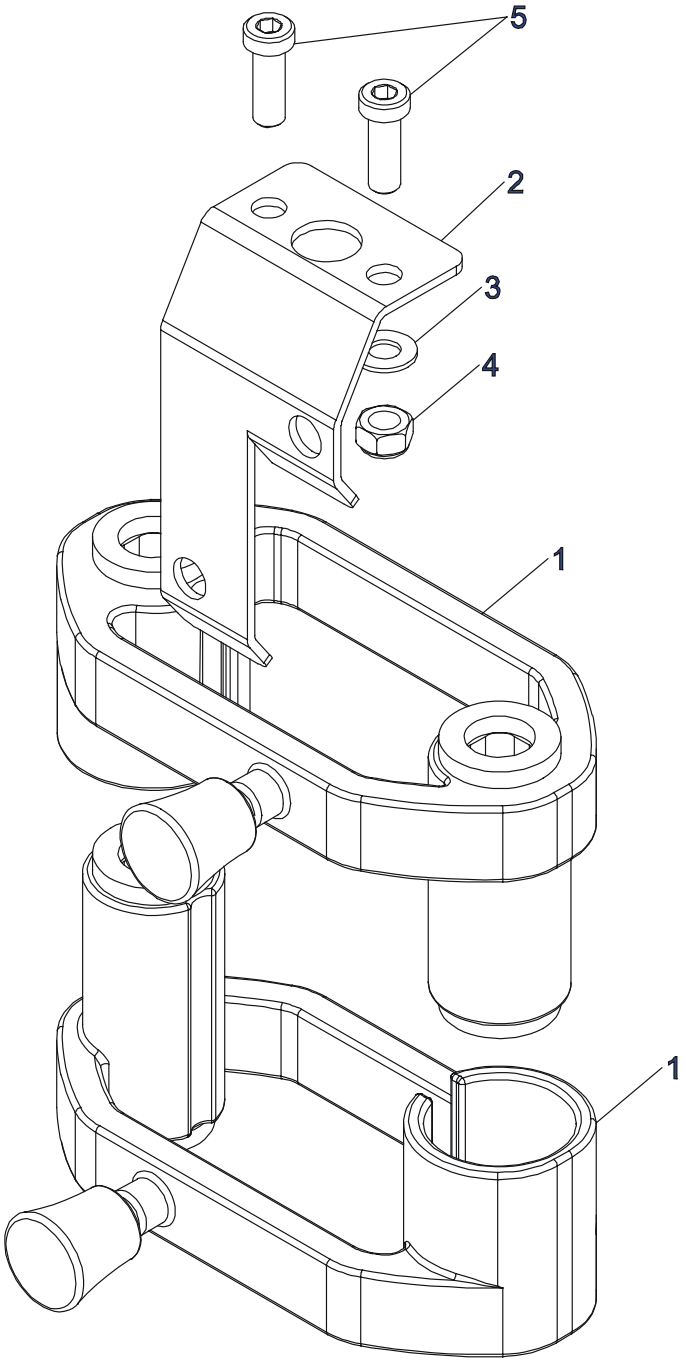
WORK ARM ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7367201	WLDMT-PSCP-MOVEMENT ARM
2	6	7352301	CAP, END 2 X 3
3	1	7353302	TUBE, PSCP FOOT REST LINEXED
4	2	3235802	GRIP, 1.50 OD OPEN END
5	1	7351301	PIN, PULL
6	1	7351501	SPRING; PULL PIN LARGE
7	1	7351401	KNOB, TULIP STYLE
8	2	7306902	RING, GRIP 1.50 OD
9	2	3236205	SCREW, M10 X1.5 40MM
10	2	3236801	NUT, M10 HEX NYLOCK SS
11	4	3237401	PLUG, 7/16" HOLE
12	2	7315602	RING, GRIP
13	8	3237201	SCREW, M8X1.25 6MM NO CUP ST BO

PSCPSE CHEST PRESS

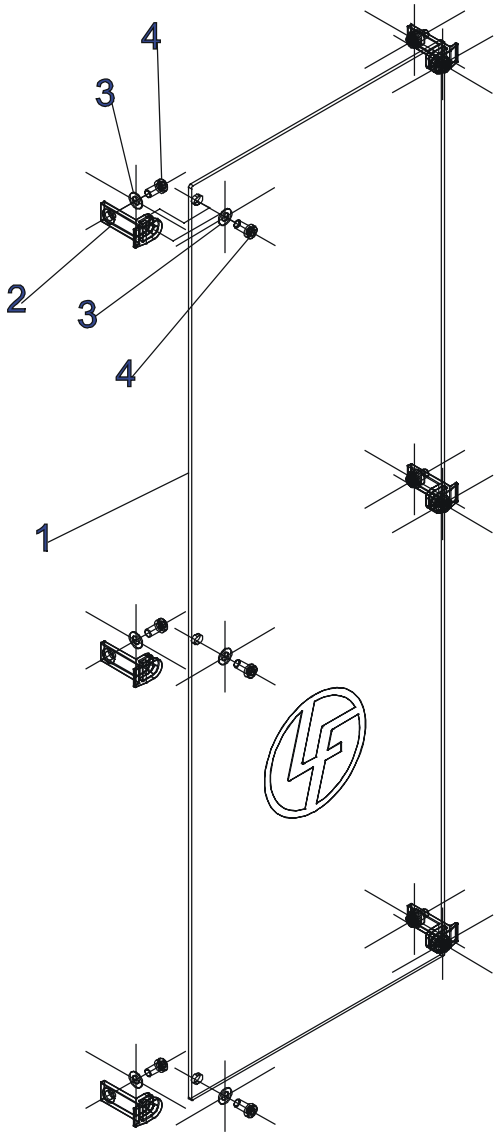
INCREMENT WEIGHT W/STRIKER



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	7446501	ASSY, 5LB INCREMENT WEIGHT
2	1	7447101	PLATE, INCR. WT STRIKER
3	2	3236601	WASHER, 3/8 SAE SS
4	2	3236801	NUT, M10 HEX NYLOCK SS
5	2	3236203	SCREW, M10 X1.5 30MM

PSCPSE CHEST PRESS

SHROUD KIT STD-MED



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7376802	SHIELD, PS REAR
2	6	7655301	BRACKET, PS REAR
3	12	3236601	SHIELD
4	12	3236201	SCREW, M10 X1.5 20MM